

Headline: Career Growth in Action: Meet Kylie Disney

Spotlight Blurb: Whether you're exploring your first role, gaining experience while in school, or pursuing your next career goal, UPMC offers opportunities to grow every step of the way. **Kylie Disney's** journey from PCT to registered nurse is one example of what's possible. She has quickly grown her career through the available programs and pathways at UPMC, showcasing what hard work and dedication can accomplish.

Infonet Blurb: From PCT to student nurse intern to nurse, **Kylie Disney** has quickly grown her career, showcasing what hard work and dedication can accomplish.

Body:

Across UPMC, employees are taking advantage of programs, experiences, and mentorship opportunities that help them grow their career. For **Kylie Disney, RN**, obstetrics, UPMC Northwest, that support started shortly after high school, when she attended a UPMC Find Your Fit event, and continued through nursing school, helping her build the experience and confidence needed to launch her nursing career.

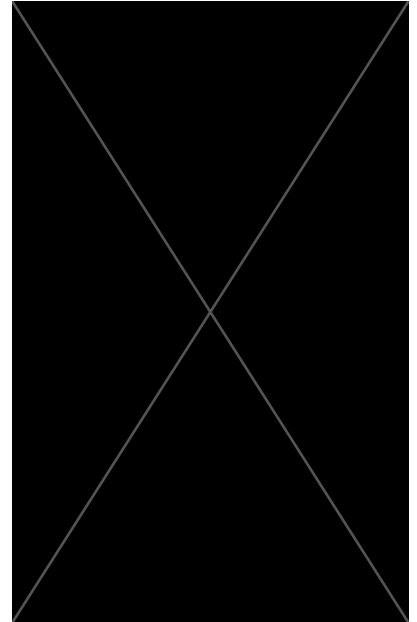
Find Your Fit events are hiring events hosted by UPMC hospitals. They are held throughout the year at various UPMC locations as opportunities for prospective employees to find job opportunities within their UPMC hospitals.

After graduating high school and attending UPMC Northwest's Find Your Fit event, not knowing where it would lead, Kylie was hired as a patient care technician (PCT) in the float pool at UPMC Northwest.

As a PCT, Kylie worked closely with nurses, experiencing firsthand the difference they make in patients' lives. Feeling inspired by her colleagues, Kylie applied to nursing school and was a part of the [Student Nurse Intern](#) program. While continuing her role as a PCT, Kylie balanced work and school while pursuing her nursing degree and leaning on those around her to reach her goal.

"Looking back, being a PCT gave me a strong foundation in patient care, communication, teamwork, and time management," Kylie said. "My experiences help me feel more comfortable in the hospital environment and taught me how important compassion and attention to detail are when providing care."

Kylie had the opportunity to support the Labor and Delivery unit during her time as a Student Nurse Intern and was quickly drawn to the specialty. She felt passionate about being able to support mothers through their pregnancy, including labor and postpartum, while being a part of such a special time in their lives, welcoming their new babies into the world.



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“Kylie quickly built strong relationships with the OB team. The staff raved about what an asset she was to the unit during the summer. She is intelligent, professional, and deeply committed to providing high-quality, patient-centered care,” said **Kaleigh Gustafson, MSN, RNC-OB**, unit director, UPMC Northwest Family Birthing Center.

After graduating from nursing school in May and passing her NCLEX in June, Kylie was offered a full-time role as a nurse in the UPMC Northwest Family Birthing Center.

“I’m most proud of myself for being able to grow from a PCT to a registered nurse at the age of 20 and getting hired to work in my dream unit,” Kylie said. “It wasn’t easy, but I am proud of myself for never giving up on my goals.”

For other students or PCT’s looking to take that next step and pursue nursing, Kylie says, “Believe in yourself and don’t be afraid to ask questions. Every experience you have now will make you a better nurse. Remember that the challenges are temporary, but in the end, the reward is worth it.”

Learn more about career growth opportunities at UPMC by [searching “Career growth” on Infonet](#). [Visit the UPMC Schools of Nursing website](#) to learn more about them.

